

England Ice Hockey Coaching Regulations 2024-2025

V2.1 June 2024



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9. Introduction

The coach in ice hockey is the person responsible for directing the team during games and practices, prepares strategy and decides which players will participate in games.

EIH are committed to ensuring that coaching across the sport of ice hockey in England and Wales is delivered to a consistently high standard. To ensure all coaches are qualified to a minimum standard, EIH have developed coaching qualifications to enable coaches to obtain their EIHA licence. In addition, EIH are committed to developing coaches and provide a range of recommended professional development opportunities, alongside ensuring all coaches keep up to date with changing regulations and practices.

“Coaching qualifications offer formal recognition of a 'fit-for-purpose' coach. This is someone that can coach a specific sport, or discipline, in a particular environment to a recognised standard as defined by the governing body” UK Coaching.

9.1 General

It is mandatory for all coaches to:

- be registered with EIH and an EIH affiliated club
- have paid all required fees and dues to EIH
- understand the rules and regulations for the sport
- understand the rules for the age group and competition they will be coaching
- follow EIH Code of Conduct and follow all EIHA rules, regulations and policies
- comply with UKAD's anti-doping police and WADA's anti-doping code
- have an EIH enhanced DBS checks (with Children's Barred List) with Vibrant Nation
- be a competent skater
- have completed an EIH qualification in coaching
- be able to communicate effectively in English

9.2 Registration

All coaches must register directly with EIH using the online portal. Registrations must be approved by EIH before the coach's license and insurance are confirmed. For more on registration, including terms and conditions of registration, please see *section 1 of EIH Rule Book*.

9.2.1 Coaching levels

EIH currently offers the following coaching qualifications:

- Foundation Coach
- Level 1 Assistant Coach
- Level 2 Team Coach
- Level 3 Advanced Coach (IHUK)

The coach does not have to maintain an EIH membership during the entirety of the valid qualification, however, they must hold an EIH membership to coach at any EIH sanctioned competition. Should a coach have been inactive for more than three seasons, they will be

required to bring any CPD up to date and will be expected to attend one or more clinics depending on the time for which they have been inactive.

EIH reserve the right to add additional professional development requirements during the licence period, particularly with regards to changing legislation and procedures including but not limited to safeguarding, data protection and first aid. In such instances, EIH will make every endeavour to give coaches sufficient time to complete courses, whilst ensuring legal compliance.

EIH recommend that a coach ensures all courses that expire are re-completed 30 days before they are due to expire. Should any module expire, the coach's qualification will be invalid, and their licence will be temporarily suspended pending completion of the expired module(s). Should more than 90 days elapse between expiration and completion of required modules, the coach's licence will be revoked.

9.2.2 Accelerated programme

The EIH offers an accelerated programme for players who would like to attain their EIH coaching license.

Players must apply directly to the EIH for clearance that they meet the minimum requirements outlined for the accelerated programme and must complete all required online courses as outlined in *section 9.3*. In-person course requirements must be completed within 12 month of the granting of the temporary license.

Any former player that has played National Division 2 for more than one season in last five years or a higher division for more than three seasons more than five years ago can apply to be granted temporary Level 1 Coach license status using the accelerated programme process.

If a player has played at least one full season in National Division 1 or WNIHL 1 or above in UK in last five years they may be granted a temporary Level 1 Coach license for 12 months. The in-person Level 1 Ice Hockey specific course and First Aid must be completed within 12 months of the application.

If player has played more than one full season in NIHL or WNIHL Elite or above in last five years they may be granted a temporary Level 1 Coach license for 12 months. The in-person Level 1 Ice Hockey specific course and First Aid must be completed within 12 months of the application.

On the accelerated programme, upon completion of the Level 1 coaching course, the coach can apply for a temporary Level 2 Coach license. The in-person Level 2 Ice Hockey specific course and First Aid must be completed within 12 months of the application.

Any player that has played for any of the senior GB national teams (men's or women's) can apply for a temporary Level 2 Coach license. All online courses must be completed. The in-person Level 2 Ice Hockey specific course and First Aid must be completed within 12 months of the application.

9.3 Course content and delivery

All courses are designed to ensure coaches are adequately trained in a range of coaching techniques and delivery of technical elements of the sport of ice hockey. Courses are

provided through a mixture of e-learning and in-person courses. A brief syllabus is outlined in the table below. The full pathway is available in *Appendix 9a*.

EIH reserve the right to alter the course content at any stage.

This pathway applies to any new coach, or any coach wishing to progress from their current level of certification from July 2024.

Course	Foundation Coach	Level 1 Assistant Coach	Level 2 Team Coach
EIH Enhanced DBS check via Vibrant Nation**	•	•	•
Level 8 skating signed off by coach (except Para)	•	•	•
Basic safeguarding*	•		
Level 1 safeguarding*		•	
Basic first aid*		•	
UK Coaching E-Learning Modules			
How to: Plan, Coach, Reflect (Formerly How to Coach: Plan, Do, Review)	•	•	•
Duty to Care	•	•	•
Sudden Cardiac Arrest*	•	•	•
Get into Coaching		•	•
Creating a Successful Coaching Environment (Formerly Inspiring Positive Behaviour in Sport)		•	•
Mental Health Awareness for Sport and Physical Activity		•	•
Concussion Awareness for Coaches*		•	•
In-person courses			
Level 1 Ice Hockey specific course		•	
Level 2 Ice Hockey specific course			•
First Aid*			•
Level 2 safeguarding*			•
Additional courses			
UKAD Coach Clean^			•
IIHF Integrity: Focus on coaches^			•

Coaches must progress through each level of coach qualification to be eligible to move up to the next level, completing all courses before receiving their full license, with the exception of the ^UKAD Coach Clean and the IIHF Integrity course which must be completed by 31 July 2025. Anyone who has attended a Level 1 or Level 2 Ice Hockey specific coaching course previously does not need to attend again.

Level 1 coaches must also have a minimum of one season's experience before progressing to a Level 2 coach course.

**If the person is not on the Update Service, the Disclosure must be dated 1 August 2022 or later. This does not apply for those aged U18 or the Recreational Section.

*Refresher courses will be accepted for recertification as outlined in section 3.1.

9.3.1 New requirements for 2024-2025

The following requirements are in place for new and existing coaches.

9.3.1.1 Anti-doping education

As part of England Ice Hockey's commitment to clean sport, and in line with UK Anti-Doping (UKAD) and IHUK's anti-doping policies and strategy, the association needs to educate its workforce around best practice in anti-doping.

As a result, England Ice Hockey are introducing mandatory anti-doping training for some roles, to be completed by **31 July 2025**.

All Level 2 coaches and above must complete the FREE online e-learning 'Coach Clean' course from UKAD: <https://www.ukad.org.uk/coach-clean> . Certificates must be provided to England Ice Hockey to evidence completion.

It is strongly recommended that Level 1 and Foundation Coaches complete this course which can be used towards the additional CPD requirements.

9.3.1.2 IIHF integrity

As part of England Ice Hockey's commitment to developing coaches and providing them with the tools to ensure integrity within their roles, EIHK are introducing a mandatory integrity course to be completed by **31 July 2025**.

All Level 2 coaches must complete the FREE online e-learning 'Integrity: Focus on coaches' course from IIHF: https://www.iihf.com/en/news/57713/iihf_integrity_focus_on_coaches. Certificates must be provided to England Ice Hockey to evidence completion.

It is strongly recommended that Level 1 and Foundation coaches complete this course which can be used towards the additional CPD requirements.

9.3.2 First Aid

Ice hockey is a contact sport where injuries on the ice are likely to occur. All coaches should have the practical skills to deal with an injury of a player during training or play.

9.3.2.1 Basic First Aid (Level 1 coaches)

It is mandatory for Level 1 coaches to undertake basic accredited first aid. Certificates are valid for three years, after which time a refresher or new course will be required.

It is important to note that fully online first aid courses do not make the learner a qualified first aider.

England Ice Hockey accept basic first aid courses, including those delivered online. Qualifications should be recognised by an awarding body or National Governing Body. Courses accepted include:

- FA Introduction to First Aid in Football (online)
- Emergency First Aid in Rugby Union (online or in person)
- Training Express Sports First Aid (online)
- Pro Trainings UK Sports First Aid Level 3 (online)

Courses should cover basic first aid, including but not limited to:

- Assessing an incident
- Managing an unresponsive casualty
- Managing a casualty – minor injury

If you are unsure if your course is suitable, please contact info@englandicehockey.com with the name of the provider and course syllabus so that acceptance can be confirmed.

9.3.2.2 First Aid (Level 2 coaches and above)

It is mandatory for Level 2 coaches and above to undertake an accredited Level 2 First Aid course. Certificates are valid for three years, after which time a refresher or new course will be required.

England Ice Hockey accept accredited qualifications delivered face-to-face, lasting a minimum of six hours. Courses accepted include:

- First Aid Essentials in partnership with the Cube Group (*recommended, designed for England Ice Hockey, details to be available on our website, englandicehockey.com*)
- Emergency First Aid at Work
- First Aid at Work
- St John's Basic Sports First Aid
- Armed forces and emergency services first aid training (must meet the minimum 6 hour face to face requirement)
- In-person first aid training obtained via another recognised NGB (must meet the minimum 6 hour face to face requirement)

If you are unsure if your course is recognised as a level 2, please contact info@englandicehockey.com with the name of the provider and course syllabus so that equivalency can be confirmed.

9.3.2.3 Allied health professionals

Allied health professionals are not required to undertake any additional first aid for their role as a coach, provided they submit a copy of their license and registration number for approval, alongside and up to date CPD record.

The following are considered Allied Health Professionals for the purposes of this document.

- Paramedics with IHCD paramedic course; Paramedic foundation degree or MSc in Paramedical Science, registered with the HCPC who have proof of regular annual training and are currently practising on the road or in a training centre.
- Nurses registered with NMC currently working in an emergency environment (Emergency department)
- Therapists with a Graduate qualification in sports therapy or rehabilitation who also hold registration with SST, STA, STO, FHT or BASRAT.
- Physiotherapists registered with the HCPC
- Doctors registered with the GMC

9.3.3 Safeguarding

All club volunteers and club members are responsible for ensuring children are safe in our sport and should have a basic level of understanding of safeguarding principles.

9.3.3.1 Basic safeguarding (Foundation coaches)

It is mandatory for Foundation Coaches to have undertaken basic safeguarding training. This can be via a Designated Safeguarding Lead briefing within their club, or via free e-learning,

Recommended free e-learning:

- <https://learn.EnglandFootball.com/courses/safeguarding/safeguarding-for-all>

9.3.3.2 Level 1 Safeguarding (Level 1 coaches)

It is mandatory for Foundation and Level 1 coaches to undertake accredited Level 1 Safeguarding training. Certificates are valid for three years, after which time a refresher or new course will be required.

We accept online and in-person accredited courses, including the following:

- <https://learning.nspcc.org.uk/training/child-protection-safeguarding-sport/>
- <https://learning.nspcc.org.uk/training/introduction-safeguarding-child-protection>
- <https://learn.EnglandFootball.com/courses/safeguarding/safeguarding-children-course>
- UK Coaching Safeguarding and Protecting Children Online Classroom

9.3.3.3 Level 2 Safeguarding (Level 2 coaches and above)

It is mandatory for the Level 2 coaches and above to undertake accredited Level 2 Safeguarding training. This must be delivered face-to-face and last a minimum of three hours*. Certificates are valid for three years, after which time a refresher or new course will be required.

We accept accredited in-person courses with a minimum of three hours duration, including the following:

- Ice hockey specific Level 2 Safeguarding training through Labyrinth Youth: <https://www.labyrinthyouth.co.uk/>
- <https://www.ukcoaching.org/courses/workshops/safeguarding-protecting-children> (in person course; online classroom not accepted after July 2024)

*Any Level 2 Coach who completed the *UK Coaching Safeguarding and Protecting Children Online Classroom* in 2023-2024 (prior to 31 July 2024) will not be required to take a face-to-face course until this certificate expires. They will, however, be required to undertake a DSL briefing.

9.3.3.4 Workplace safeguarding

Accredited workplace safeguarding, for example from a school, hospital or emergency services, may be accepted as equivalent to the requirements outlined above. Please submit your certificate to England Ice Hockey for consideration of equivalency.

9.3.3.5 Additional safeguarding recommendations

Face-to-face courses

England Ice Hockey strongly recommend that anyone who works regularly with children attends a face-to-face course. Face-to-face training allows delegates to ask questions in a safe environment facilitated by a qualified safeguarding tutor. It also provides the opportunity to discuss specific safeguarding issues that arise during the training.

Safeguarding adults

Whilst not currently mandated by England Ice Hockey, it is strongly recommended that Designated Safeguarding Leads, Level 2 Coaches and Team Managers at Para, SEND and

senior clubs complete the UK Coaching and Ann Craft Trust *Safeguarding Adults in Physical Activity and Sport* course.

- <https://www.ukcoaching.org/courses/learn-at-home/safeguarding-adults>

9.4 Re-certification

Coach education is an ongoing process throughout a coach's life, and it is important that coaches keep up to date with technical and tactical developments as well as the generic requirements of coaching.

Coaches must meet recertification requirements as follows:

9.4.1 First aid

First aid refresher courses will be accepted for recertification. Courses must be completed within three years of the original pass date of the course as per industry standards.

The UK Coaching courses, Sudden Cardiac Arrest and Concussion Awareness for Coaches must be completed every three years via the UK Coaching portal. These courses are free of charge with the UK Coaching Premium Subscription.

9.4.2 Safeguarding

All roles which require Level 1 Safeguarding must also complete a new course or refresher training every three years.

All roles which require Level 2 Safeguarding must also complete refresher training every three years. We accept the following refresher training:

- <https://www.ukcoaching.org/courses/learn-at-home/sgp>
- Workplace refresher safeguarding training courses at Level 2 may be accepted on request.

9.4.3 Continuing professional development (CPD)

CPD opportunities provide a means to broaden skills, stay up to date with changes and become more effective as a coach. After qualifying, coaches must continue to update their coach education or have progressed to the next qualification level to maintain their licence.

The EIH CPD programme addresses these three key components:

- **Knowledge:** refers to the information relevant to the coaching activities.
- **Training:** refers to activities that guide the individual to apply their gained knowledge in practical situations.
- **Experience:** refers to activities that are conducted during the individual's coaching and which contribute to the enhancement of the quality and effectiveness of the individual as an active coach.

9.4.3.1 CPD cycles

All coaches must complete a set number of pieces of coach development training within their three-year recertification cycle to maintain their certification. This is the *minimum*

requirement and coaches are encouraged to undertake as many training opportunities as possible.

Additional CPD is required in three season cycles from 2023-2024 as follows:

Cohort	No. of CPD	CPD cycle start – CPD cycle deadline	New CPD cycle start – CPD cycle deadline
2023-2024 Level 1	2	1 Aug 2023 to 31 Jul 2026	1 Aug 2026 to 31 Jul 2029
2023-2024 Level 2 (and above)	4	1 Aug 2023 to 31 Jul 2026	1 Aug 2026 to 31 Jul 2029
2024-2025 Level 1	2	1 Aug 2024 to 31 Jul 2027	1 Aug 2027 to 31 Jul 2030
2024-2025 Level 2 (and above)	4	1 Aug 2024 to 31 Jul 2027	1 Aug 2027 to 31 Jul 2030

The cohort refers to the first season in which a coach registered at that level from 2023-2024 when the requirements came into place.

For example, a Level 1 coach who registered at any time during the 2023-2024 season must complete two pieces of CPD by 31 July 2026.

Where a Level 1 coach qualifies and is registered as a Level 2 coach, the new requirements and deadlines for their cohort supersede the Level 1 requirements.

For example, a Level 1 coach received their license in December 2023. They must complete their two pieces of CPD by 31 July 2026. In December 2024, they become a Level 2 Coach. They now need to complete four pieces of CPD, dated between 1 August 2024 and 31 July 2027.

9.4.3.2 CPD options

CPD points can be earned from a variety of activities. In addition to the existing Ice Hockey specific and UK Coaching recertification options, the EIHA now accepts a range of different coach development opportunities; including self-guided study, some CPD coaching workshops from other sports and some eLearning development opportunities, as well as experience gained through Mentored coaching activity and active ice hockey coaching - see the Recognised CPD Activities table for details of approved CPD activities.

CPD type	Requirements and evidence
EIH, SIH or IHUK workshop or seminar (or approved workshop or seminar)	Minimum 2 hours attendance Evidence to be provided to EIH of attendance at the course.
IIHF seminar or workshop	Minimum 2 hours attendance. Evidence to be provided to EIH of attendance at the course.
IHUK referee course	Minimum 2 hours attendance. Evidence to be provided to EIH of attendance at the course.
UK Coaching course or workshop <i>This can involve completion of digital badges, short courses, or online toolkits.</i>	No minimum time requirement. Evidence to be provided to EIH on completion. For courses without a formal certificate, a short reflection of 100-500 words should be provided.

Other NGB course or workshop	No minimum time requirement. Evidence to be provided to EIH on completion. For courses without a formal certificate, a short reflection of 100-500 words should be provided.
University modules or relevant Open University courses related to your role as a coach	No minimum time requirement. Evidence to be provided to EIH on completion. For courses without a formal certificate, a short reflection of 100-500 words should be provided.
Attendance as a lead coach to support an England Ice Hockey run event <i>Examples include Showcase, Power of 10, Power of 12, EIH development camps. This excludes a role where the coach is not coaching individuals and club events.</i>	No minimum time requirement. Evidence to be provided to EIH on completion via submission of a request to recognise participation as CPD and confirmation of approval from the EIH event lead coach.
UKAD Clean Coach certificate	This applies to Level 1 coaches only as this is a mandatory requirement for Level 2 coaches from 2024-2025.

For all UK Coaching CPD, where consent has been given, data of completed CPD will be automatically shared with England Ice Hockey.

For all EIH CPD, data will be automatically shared with England Ice Hockey from course instructors or attendance lists, with the exception of supporting coaching at England Ice Hockey events.

All other CPD must be approved by England Ice Hockey. To apply for recognition of CPD, coaches should use the following form:

<https://www.cognitofrms.com/EnglishIceHockeyAssociation/ApplicationForRecognitionOfCPDActivities>

England Ice Hockey reserve the right to have the final decision on acceptance of a course or event. Each application is reviewed to ensure that the content supplied is acceptable evidence of development.

CPD claims that do not meet the requirements will be rejected and the coach will be notified. If this is at the end of the three year cycle, the coach will not be able to register at their current level until the recertification training requirements have been met.

9.5 DBS requirements

EIH Enhanced DBS check (with Children's Barred List) must be completed via EIH's Vibrant Nation service. If the person is not on the Update Service, the Disclosure must be dated 1st August 2022 or later.

Enhanced DBS checks (with Children's Barred List) are required for all coaches, with the exception of the Recreational Section.

The cost of the first DBS check will be covered by EIH. We encourage individuals to sign up to the automatic annual update for free. If an individual has not signed up for the annual update, they will need to renew their DBS check every three years at their own cost via Vibrant Nation.

In addition, coaches working with children aged under 18 must comply with the requirements for safeguarding training.

For those who have not resided solely in the UK, in addition to an EIH Enhanced DBS check (with Children’s Barred List), individuals must comply with the following requirements.

Period of time residing in UK	Additional checks needed?	Requirements
10 years or more	No	Not applicable
5-10 years	Yes	Character reference from club
1-5 years	Yes	Character reference from club, and additional personal or professional reference from UK.
0-1 years	Yes	Mentor at club must be appointed. Risk assessment must be undertaken by the club and provided to EIH. The coach must be supervised at all times when working with U18s for one season.

9.6 Non-UK qualifications

This section applies to coaches coming from outside the jurisdiction of Ice Hockey UK and EIH. This only applies to the ice hockey specific in-person coaching certificate. All additional EIH online, first aid and safeguarding requirements must be completed in addition for the EIH coaching license.

Non-UK qualified coaches must hold or have held a coaching qualification from their home association (which must be an association recognised by the IIHF) within the last three years. A copy of the qualification certificate and a written reference from the club or clubs at which they coached will be required.

Coaches are then required to complete all additional EIH requirements as outlined in section 9.3 pertaining to their level of qualification (with the exception of an England Ice Hockey in-person ice hockey specific course).

EIH will apply equivalency to the qualification when evidence has been received and verified. EIH reserve the right to require a coach to undertake additional training.

Any coach with a qualification obtained outside EIH and are a non-UK resident must also ensure they have the correct work permit to register with EIH.

9.7 Team requirements

It is mandatory for all teams at junior and senior hockey to have a Level 2 coach or above in charge on the ice and on the bench, including during practice. The minimum age to be in charge of a practice session or bench is 18 years of age.

There is no mandatory coaching requirement for Recreational Hockey* whereby it is recommended that there is at least a Level 1 coach present.

9.7.1 Coach / player ratios

The minimum requirements for running on ice sessions, practices, training camps and hockey schools is a qualified and registered Level 2 coach (or above) and a qualified and registered Level 1 coach (or above).

A Level 2 coach (or above) must be in charge and on ice at all times, assisted by the necessary number of assistant coaches as demonstrated in the table below.

Players	Ratio
1-20	Minimum of 1 Level 2 coach plus 1 Level 1 coach
21-30	Minimum of 1 Level 2 coach plus 2 Level 1 coaches
31-40	Minimum of 2 Level 2 coaches plus 2 Level 1 coaches
41-60	Minimum of 3 Level 2 coaches plus 3 Level 1 coaches

In addition, the following ratio of adult to children supervision must be adhered to:

Age	Ratio
U10	1 adult to 10 children
U18	1 adult to 12 children

Any Level 1 or Level 2 coach can be substituted by a more qualified coach.

Player/coaches do not count towards the above ratios if they are involved in gameplay as a player. Any other person assisting on the ice in the running of an on-ice session / practice must be properly qualified and registered through EIH to at least Foundation coach level.

9.7.2 Skills demonstrations

Skills demonstrators may be used under the direction of a qualified and registered Level 2 coach (or higher). Demonstrators do not count towards the required coach player ratios.

All demonstrators must be made aware of and adhere to EIH's safeguarding policies and procedures. To act as a demonstrator a DBS is not required, but the demonstrator's participation should always be under the strict and close supervision of a Level 2 coach and restricted to:

- Setting out equipment
- Demonstrating skills and drills
- Shooting for goalkeeper practice

Registered adult players can be used as skills demonstrators, but they are not permitted to coach, and they must not actively participate in coaching.

Under 18 players aged over 16 in full playing kit (including helmet and cage) may go on the ice as demonstrators.

All demonstrators must properly wear an approved ice hockey helmet for all on ice activities. Demonstrators are not permitted to take part in games or scrimmages.

Unqualified assistants, i.e. players or unregistered coaches on the ice will render all insurance null and void.

Note: These requirements also apply to recreational teams where any U18 players are involved on the ice.

9.7.3 Minimum bench requirements

On match days, all bench staff including player coaches, must be named on the team list and the appropriate license number provided. Registered coaches and managers must display their licenses for the duration of the game. No person under the age of 18 can take control of the bench.

At the start of each game, each team must delegate a person in charge of the bench who meets the following requirements:

- Aged 18 or above
- Qualified EIH Level 2 coach or above and not playing in the fixture

In addition, each bench must:

- Have a Level 1 coach (or above)
- It is strongly recommended that each bench also has a Team Manager

If the Level 2 coach in charge of the bench is ejected from or leaves the game, another Level 2 must take charge. Where there are no alternative options, should the team have a suitably qualified Level 2 player/coach, they are permitted to take over the bench, provided they do not return to the ice as a player for the remainder of the game and they are denoted on the team list as a player/coach prior to the start of the game. Level 1 coaches and team managers are not permitted to take charge of the bench under any circumstances.

If no suitably qualified official is able to take over the bench, the game must be abandoned. Failure to meet the minimum gameday team official requirements will be classified as *failure to fulfil the fixture*. The match may go ahead as a challenge game should this be deemed safe by officials.

9.7.3.1 Referee responsibilities

Referees are required to check coach registrations before all games. If there are insufficient coaching staff on the bench, the game will be abandoned and disciplinary action against the club may be taken. Referees cannot and must not allow a game to start or continue where the minimum bench coaching requirement is not fulfilled.

For league hockey, everybody on the team bench who does not play for that team needs to be registered with the education programme as a coach, manager, medical professional, sports therapist or equipment manager. The only exception is reporters who are not part of the regular team staff; these are deemed to be under the control of the head coach in charge of the team (note that unregistered people will not be covered by EIH's insurance). It is assumed that anyone who goes on the bench with a team has a responsible position with that team and the opportunity for close contact with young players.

9.8 Other programmes

9.8.1 Non-EIH beginner programmes

Beginners' sessions run by the rinks themselves do not come under EIH's jurisdiction. However, it must be noted that caution should be taken to ensure that adequate and suitable supervision is given at these sessions. It is recommended that EIH coaching regulations, including recognised qualifications and player / coach and child supervision ratios are followed.

Beginners' sessions run by registered EIH clubs must follow EIH coaching regulations.

9.8.2 Hockey schools and camps

All hockey schools/camps involving EIH players and/or coaches must be approved and registered by EIH. Insurance of players and coaches is **not valid** for participation in a non-approved event.

Organisers should follow the application process outlined in EIH Rule Book.

9.8.2.1 Non-EIH qualified coaches (hockey schools and camps only)

Coaches must provide evidence of their highest and most recent qualifications if obtained from an organisation other than EIH, SIHA or IHUK.

Visiting coaches must hold a current qualification from their parent association and must provide evidence of insurance from their home country that is valid in the UK. Coaches must be registered with EIH coaching programme unless they can provide evidence that they are insured for coaching. A work permit may also be required for a coach brought in from outside the UK.

It is the responsibility of the organiser(s), Head Coach and the rink to ensure that all coaches have completed the required legal requirements of HM Immigration to undertake the duties required of them.

It is the responsibility of the organiser(s), Head Coach and the rink to ensure that where required visiting coaches have a current equivalent of DBS from their home country and are registered with that association.

For all in house schools / selection Camps that involve non-home countries registered coaches; please refer to *section 9.6.2 Non-UK qualifications*.

9.9 Kit and equipment

EIH follow the IIHF standards for kit and equipment, with the exceptions outlined in *Section 4, Skaters' Equipment* of EIH Rule Book.

All coaches must wear a certified helmet manufactured specifically for ice hockey, with the chin strap properly fastened, for all on ice activities. All coaches are recommended to wear a neck guard manufactured specifically for ice hockey, with the chin strap properly fastened, for all on ice activities.

Foundation Coaches aged 16 and 17 years old are permitted to wear a helmet with a half visor while coaching (rather than a full-face cage/visor as required as an U18 player). Please note, they are not allowed to participate in any game play drills or scrimmages.

All coaches must ensure all players wear approved ice hockey helmet and face mask, hockey stick, hockey gloves as per *Section 4, Skaters' Equipment*. Wherever possible ice hockey skates and elbow and knee pads should be worn (full kit is recommended).

Lightweight (Blue) pucks should be used for U9s/U10s.

9.8 Duty of care

Failure to comply with any of the above standards may mean the coach and club are subject to sanctions under EIH's DOPS Policy in accordance with bringing the game into disrepute.

Where a breach involves children or vulnerable adults, this will further be investigated as a safeguarding concern.

Where it is proven that persons have been coaching while unqualified, those persons will not be allowed to take an EIH coaching course or register as a coach for twelve months and the club may be liable to sanctions from the relevant DOPS Committee.

Appendix 9a: Coaching pathway descriptors

Foundation Coach

Coaching Pathway: Main
Course learning outcomes
<p>The Foundation Coach is the entry level course to allow a coach to begin their ice hockey coaching pathway. It aims to develop basic training and awareness of minimum standards in ice hockey and EIHC.</p> <p>Foundation coaches will be able to assist Level 2 coaches on the ice and on the bench at their clubs. Foundation coaches will not be able to run training sessions or games or manage the bench.</p> <ul style="list-style-type: none"> • Basic safeguarding* • How to: Plan, Coach, Reflect (Formerly How to Coach: Plan, Do, Review) (UK Coaching e-learning) • Duty to Care (UK Coaching e-learning) • Sudden Cardiac Arrest (UK Coaching e-learning)* <p>*Courses must be completed or refreshed every three years.</p>
Who is it for?
<p>The Foundation Coach is a new role within the coaching section and is intended to provide clubs with the opportunity to secure earlier involvement of new volunteers into the coaching community.</p> <p>Anyone interested in coaching ice hockey is invited to apply for the Foundation Coach course.</p>
Course prerequisites
<ul style="list-style-type: none"> • 16 years old and above • Registered as a coach with EIHC • Registered with an EIHC affiliated club • Enhanced DBS check (with Children's Barred List) with Vibrant Nation (application through EIHC free of charge) • Level 8 skating: skating proficiency signed off by Club Head Coach
Course duration and delivery
<p>The course is delivered and assessed through e-learning. The course can be completed in your own time but you are not able to coach until the courses have been completed.</p>
Cost and registration
<p>All candidates must register with EIHC. The following costs are payable by the coach:</p> <ul style="list-style-type: none"> • EIHC coach registration: £80.85 (25% discount for any coach who registers simultaneously as a player) • UK Coaching How to Plan, Coach, Reflect: £12* <p>*Please note: UK Coaching course costs are subject to change and are not administered</p>

by EIH. Any increased costs are payable by the coach.

Bench

As a Foundation Coach, you will be able to support the bench but you are not eligible to manage the bench.

Progression

A Foundation Coach can progress to a Level 1 Coach when they have:

- completed their Foundation Coach courses
- logged at least 25 hours of coaching, signed off by the Club Head Coach
- had their 17th birthday

Competencies

The learner must be able to demonstrate knowledge, competency and understanding of:

A: Role and responsibilities

- A.1 the role and boundaries of the sports coaching assistant.
- A.2 how to work as part of a team, with specific responsibilities.
- A.3 how to adhere to sport-specific and general codes of conduct.
- A.4 the rules and regulations of sport.
- A.5 organisational procedures, their responsibilities and liabilities.
- A.6 how to be a role model.
- A.7 how to build relationships and rapport with participants.
- A.8 how to assist with resources and information for, and about participants
- A.9 how to maintain general principles of safe practice
- A.10 how to safeguard children and adults at risk.
- A.11 how to maintain participants' confidentiality.
- A.12 their duty of care towards participants.
- A.13 the health and safety requirements, accidents or emergency procedures (following the correct procedures for dealing with and reporting accidents, injuries and illnesses).
- A.14 how to refer participants whose needs cannot be met to a more qualified coach.

B: Inclusive coaching

- B.1 how to ensure that the delivery of coaching activities is inclusive
- B.2 how to assist in the coaching of participants who share protected characteristics
- B.3 how to communicate with a variety of participant types - disabled and non-disabled people, children/youth/adults
- B.4 recognise that different participants learn in different ways.

C: The coaching process

- C.1 how to prepare the coaching environment: choose, set out and take down the equipment for the session(s).
- C.2 how to ensure physical preparation, delivering warm-ups and cool-downs.
- C.3 how to be able to communicate with a variety of participant types.
- C.4 how to set 'ground rules'.
- C.5 how to encourage, engage, interest and empower participants.
- C.6 how to manage behaviour, positive and challenging, and encourage and motivate participants.
- C.7 how to develop questions to ensure understanding.

- C.8 how to use and understand a range of coaching styles and understand
- C.9 how different participants learn and the principles of planning.
- C.10 how to deliver demonstrations and explanations that are technically and tactically correct. the relevant technical and tactical requirements of sport.
- C.11 how to assist with developing participants' skill.
- C.12 how to analyse and give feedback to participants.
- C.13 how to contribute to the review of the session.

D - Self-reflection and personal development

- D.1 how to take responsibility for their own development.
- D.2 how to gain feedback from others.

Level 1 Assistant Coach

Coaching Pathway: Main

Course learning outcomes

On completion of this course the Level 1 Coach will be able to assist the delivery of coaching sessions under the direct supervision of a more qualified coach. They will be able to lead activities planned by a more qualified coach and will be able to contribute to the review of these sessions.

They will be required to have completed all the modules from the Foundation Coach course, along with the following modules:

- Level 1 safeguarding (e-learning accepted – recommend UK Coaching Safeguarding Virtual Workshop)*
- Get into Coaching (UK Coaching e-learning)
- Creating a Successful Coaching Environment (Formerly Inspiring Positive Behaviour in Sport) (UK Coaching e-learning)
- Mental Health Awareness for Sport (UK Coaching e-learning)
- Concussion Awareness for Coaches* (UK Coaching e-learning)
- EIH Level 1 Ice Hockey specific workshop (in-person)
- Basic first aid*

*Courses must be completed or refreshed every three years.

Who is it for?

This course is aimed at qualified foundation coaches who are to progress through the current coaching pathway and have ambitions to deliver quality sessions.

Course prerequisites

- 17 years old and above
- Registered as a coach with EIH
- Registered with an EIH affiliated club
- Enhanced DBS check (with Children's Barred List) with Vibrant Nation (application through EIH free of charge)
- Level 8 skating: skating proficiency signed off by Club Head Coach
- Completion of the Foundation Coach courses

Course duration and delivery

Much of the course is delivered and assessed through e-learning. These courses can be completed in your own time, but you are not able to coach until all of the courses have been completed.

Dates will be made available for the Ice Hockey specific workshop course as per EIH website.

Cost and registration

All candidates must register with EIH. The following costs are payable by the coach:

- EIH coach registration: £80.85 (25% discount for any coach who registers simultaneously as a player)
- Level 2 safeguarding (provider cost, circa £35)
- Get into Coaching: £42
- Creating a Successful Coaching: £10
- Mental Health Awareness: £12
- Concussion in Sport: £Free
- Level 1 Ice Hockey specific workshop: £175
- Basic first aid (provider cost)

Please note: UK Coaching course costs are subject to change and are not administered by EIH. Any increased costs are payable by the coach.

Maintaining license

Level 1 coaches must complete two pieces of CPD every three years to maintain their level of license. Accepted CPD includes any UK Coaching short-course, evidenced CPD from external providers, or attendance at an EIH event as an EIH volunteer coach.

Bench

Level 1 coaches cannot manage the bench.

Progression

A Level 1 coach can progress to a Level 2 coach when they have:

- completed a minimum of 10 months as a fully registered EIHA Level 1 Coach
- logged at least 50 hours of coaching, signed off by the Club Team Coach
- maintained their status as an EIH Level 1 Coach

Competencies

The learner must be able to demonstrate knowledge, competency and understanding of:

A: Role and responsibilities

- A.1 the role and boundaries of the sports coaching assistant.
- A.2 how to work as part of a team, with specific responsibilities.
- A.3 how to adhere to sport-specific and general codes of conduct.
- A.4 the rules and regulations of sport.
- A.5 organisational procedures, their responsibilities and liabilities.
- A.6 how to be a role model.
- A.7 how to build relationships and rapport with participants.
- A.8 how to assist with resources and information for, and about participants
- A.9 how to maintain general principles of safe practice
- A.10 how to safeguard children and adults at risk.
- A.11 how to maintain participants' confidentiality.
- A.12 their duty of care towards participants.
- A.13 the health and safety requirements, accidents or emergency procedures (following the correct procedures for dealing with and reporting accidents, injuries and illnesses).
- A.14 how to refer participants whose needs cannot be met to a more qualified coach

B: Inclusive coaching

- B.1 how to ensure that the delivery of coaching activities is inclusive
- B.2 how to assist in the coaching of participants who share protected characteristics
- B.3 how to communicate with a variety of participant types - disabled and non-disabled people, children/youth/adults
- B.4 recognise that different participants learn in different ways.
- B.5 how different backgrounds and stages of participant development and how age, emotional development and skill development can impact on coaching

C: The coaching process

- C.1 how to prepare the coaching environment: choose, set out and take down the equipment for the session(s).
- C.2 how to ensure physical preparation, delivering warm-ups and cool-downs.
- C.3 how to be able to communicate with a variety of participant types.
- C.4 how to set 'ground rules'.
- C.5 how to encourage, engage, interest and empower participants.
- C.6 how to manage behaviour, positive and challenging, and encourage and motivate participants.
- C.7 how to develop questions to ensure understanding.
- C.8 how to use and understand a range of coaching styles and understand
- C.9 how different participants learn and the principles of planning.
- C.10 how to deliver demonstrations and explanations that are technically and tactically correct. the relevant technical and tactical requirements of sport.
- C.11 how to assist with developing participants' skill.
- C.12 how to analyse and give feedback to participants
- C.13 how to contribute to the review of the session

D - Self-reflection and personal development

- D.1 how to take responsibility for their own development
- D.2 how to gain feedback from others
- D.3 how to develop a personal action plan
- D.4 how to understand continuing personal development (CPD) progressions and career pathways in sport.

Level 2 Team Coach

Coaching Pathway: Main
Course learning outcomes
<p>On completion of this course the Level 2 coach will be able to deliver coaching sessions. They will be able to lead activities and plan sessions while supporting upcoming Level 1 coaches.</p> <p>They will be required to have completed all the modules from previous courses (Foundation and Level 1 coach) and the modules:</p> <ul style="list-style-type: none"> • Level 2 safeguarding* • UKAD Coach Clean certificate^ • IIHF Integrity module^ • EIH Level 2 Ice Hockey specific workshop (in-person) • First Aid (in-person)* <p>*Courses must be completed or refreshed every three years. ^For existing Level 2 coaches, these courses must be completed by 31 July 2025. For any new Level 2 coach in the 2025-2026 cohort, this must be completed prior to attaining your license.</p>
Who is it for?
<p>This course is aimed at coaches wanting to transition from a Level 1 Coach who wish to progress through the current coaching pathway and have ambitions to deliver high quality sessions.</p>
Course prerequisites
<ul style="list-style-type: none"> • 18 years old and above • Registered as a coach with EIH • Registered with an EIH affiliated club • Enhanced DBS check (with Children's Barred List) with Vibrant Nation (application through EIH free of charge) • Level 8 skating: skating proficiency signed off by Club Head Coach • Completion of the Level 1 Coach course • A minimum of 10 months Level 1 Coach experience and 50 logged hours of coaching as signed off by Club Head Coach
Course duration and delivery
<p>Much of the course is delivered and assessed through e-learning. These courses can be completed in your own time but you are not able to coach until all of the courses have been completed.</p> <p>Dates will be made available for the Ice Hockey specific workshop course as per EIH website.</p>
Cost and registration

All candidates must register with EIH. The following costs are payable by the coach:

- EIH coach registration: £80.85 (25% discount for any coach who registers simultaneously as a player)
- Safeguarding Level 2: (provider cost)
- Level 2 Ice Hockey specific workshop: £195
- First Aid in-person: provider cost

Please note: UK Coaching course costs are subject to change and are not administered by EIH. Any increased costs are payable by the coach.

Maintaining license

Level 2 coaches must complete four pieces of CPD every three years to maintain their level of license. Accepted CPD includes any UK Coaching short-course, evidenced CPD from external providers, or attendance at an EIH event as an EIH volunteer coach.

Bench

As a Level 2 Coach you will have the ability to manage the bench.

Competencies

The learner must be able to demonstrate knowledge, competency and understanding of:

1. The role and responsibilities of the Level 2 coach

A: Role and responsibilities

- A.1 the role of the fully independent sports coach and their responsibilities.
- A.2 their responsibilities working with others such as leaders, coaching assistants.
- A.3 promote sport-specific and general codes of conduct, and set and agree ground rules
- A.4 how to be a role model.
- A.5 how to abide by the rules and regulations of the sport.
- A.6 how to positively promote the role of officials.
- A.7 what constitutes acceptable relationships as a coach.
- A.8 how to encourage and reward positive behaviour.
- A.9 how to respond to discriminatory behaviour.
- A.10 how to behave in a fair, consistent and ethical manner.
- A.11 how to manage resources and information for, and about, participants
- A.12 how to identify the requirements and motivations of the participant groups
- A.13 about duty of care, safeguarding children, young people at risk, and maintain confidentiality
- A.14 how to deal with a variety of participant types - disabled and non-disabled people, children/ young adults.
- A.15 how to assist with meeting the needs of participants who share protected characteristics
- A.16 manage health and safety by preparing the environment and conduct a risk assessment.
- A.17 gather information about lifestyle, previous experience, and the needs of different participant groups.

B: Inclusive coaching

- B.1 how to ensure delivery of coaching activities is inclusive.

- B.2 where to gain information on how to coach participants who share protected characteristics.
- B.3 how to communicate with a variety of participant types (disabled and non-disabled people, children/youth/adults).
- B.4 how to recognise that different participants learn in different ways.
- B.5 how to identify different backgrounds and stages of participant development in relation to age, skill and emotional development

C: Personal and social needs

- C.1 the role of the coach in encouraging the pursuit of a healthy lifestyle, including an awareness of nutrition, hydration and social and performance-enhancing drugs.
- C.2 the principles of weight management in relation to the sport.
- C.3 how to cater for individual needs within group coaching
- C.4 how to deal with accidents, emergencies and incidents, minimise risk and understand where to report any issues.
- C.5 the ways adults and children learn.

D: Stages of development

- D.1 the stages of development and how they affect learning and the coaching environment.
- D.2 how training and competition may be influenced by different stages of development.
- D.3 how the physical and mental capabilities of participant(s) will influence the content and structure of the session.

E: Physical components

- E.1 the components of physical fitness and how they link directly to the sport.
- E.2 the physical capabilities required for a sport.
- E.3 basic anatomical and biomechanical demands of sport-related activity.
- E.4 how to prevent injury and assist a participant returning from injury.

F: Mental skills

- F.1 the mental capabilities required for a sport-related activity.
- F.2 the key methods for improving participant(s):
- Connection
 - Confidence
 - Concentration
 - Motivation
 - Emotional control
 - Cohesion
- F.3 the different stages of cognitive, emotional and social development.
- F.4 how to develop participants' mental skills in sport.

2. Plan a series of ice hockey coaching sessions

A: The coaching process - planning

- A.1 the sports coaching process of plan-do-review.
- A.2 how individual coaching sessions support the aims of the coaching programme
- A.3 how to plan.
- A.4 how to produce a written plan which can be shared with others.
- A.5 the principles of producing progressive sessions.
- A.6 how to plan a series of progressive sessions with goals that are linked, progressive and consistent with the overall aims.
- A.7 how to plan and prepare sessions involving realistic timings, sequences, intensity and duration of activities.

- A.8 how to identify specific technical and tactical content to include within sessions
- A.9 how to plan for contingencies.
- A.10 how to communicate with a variety of participant types - disabled and non-disabled people, children/ youth/adults.
- A.11 how to manage sessions for different backgrounds and stages of participant development and needs.
- A.12 how to manage behaviours, positive and challenging, and encourage and motivate participants.
- A.13 how to set ground rules.
- A.14 how to develop participants socially, understand their motivations for participating, develop confidence and self-esteem.
- A.15 how to build relationships and rapport with and between participants.
- A.16 how to support participants) in taking responsibility for their own learning.
- A.17 how to use and understand a range of coaching styles and understand how different participants learn, and manage differentiation.
- A.18 Visual, auditory, kinaesthetic and the combination of these traits in different participants' learning styles.
- A.19 different types of practical demonstration.
- A.20 how to identify participants' needs and modify session plan(s) to meet participants' changing needs
- A.21 the concepts of skill coordination, motor skill learning, skill acquisition, skill retention and skill transfer.
- A.22 the techniques for developing participants' skill.
- A.23 how to measure participants' development.
- A.24 how to prepare participants for competition

3. Deliver a series of ice hockey coaching sessions

A: Inclusive coaching

- A.1 how to ensure delivery of coaching activities is inclusive.
- A.2 where to gain information on how to coach participants who share protected characteristics.
- A.3 how to communicate with a variety of participant types (disabled and non-disabled people, children/youth/adults).
- A.4 how to recognise that different participants learn in different ways.
- A.5 how to identify different backgrounds and stages of participant development in relation to age, skill and emotional development.

B: Session delivery

- B.1 how to provide information to participants
- B.2 how to organise the setting up, taking down and managing of equipment required for the session.
- B.3 how to identify aims and objectives of sessions and set SMART/ tangible goals, and agree these with participants.
- B.4 how to describe/demonstrate good practice principles of starting and ending coaching sessions.
- B.5 physical and mental preparation - delivering warm-ups and cool-downs.
- B.6 how to identify coaching techniques relevant to the participants' needs.
- B.7 the balance of facilitation, instruction and demonstration.
- B.8 how to ensure there is a balance of activities in the sessions.
- B.9 the use of the principles of skill development in their coaching
- B.10 how to identify and utilise sport-specific rules and codes.
- B.11 how to apply appropriate communication methods in the provision of technical guidance

- B.12 how to provide technical and tactical demonstrations and explanations that are correct.
- B.13 how to communicate effectively with participants and show listening skills.
- B.14 the need to incorporate a variety of coaching styles in delivery.
- B.15 how to observe participants' performance
- B.16 how to analyse participants' performance
- B.17 how to provide constructive feedback to participants
- B.18 how to offer information to participants after coaching sessions.

4. Review a series of ice hockey coaching sessions

A - The coaching process - reviewing

- A.1 how to measure the quality of the coaching experience.
- A.2 the use of a variety of evaluation methods that can be used to monitor participant(s) development and learning.
- A.3 how to review and evaluate the session, using the views of participants and others, and using it to impact on future sessions.
- A.4 how to agree the outcomes of the review with participants and others, advise them on their development needs and adapt future sessions to reflect needs.
- A.5 how to utilise feedback from others.

B- Taking responsibility for own personal development

- B.1 the principles of self-reflection.
- B.2 how to identify personal development needs.
- B.3 how to identify the requirements and motivations of the participant groups to gain valid feedback on own performance from participants and others
- B.4 how to take responsibility for own development.
- B.5 how to be able to access continuing personal development (CPD) and develop a personal action plan and mentoring opportunities.
- B.6 how to participate in continual review.
- B.7 career progressions in the sport and the role of others, where applicable.

Version	Author	Date written / approved	Approved by
0.3	HRM	01-Aug-23	AM
2.1	HRM	01-Jun-24	AM

Appendix 9b: Contacts

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